



# PHOTODYNAMIC THERAPY



Your KSC skin doctor may recommend photodynamic therapy (PDT) if you have severely sun damaged skin or suffer from precancerous skin conditions such as actinic keratosis. Photosensitising ALA cream is activated using a specialised light source to target and destroy abnormal skin cells that could become cancerous if left untreated.

PDT has the advantage of being less invasive than surgery, with little to no scarring and has a shorter duration than other treatments like Efidix. In some patients, PDT can also improve the appearance of large pores and pitted acne scars.

- Less impact on your lifestyle than other treatments
- Treatment takes as little as three hours
- Little or no pain





## What happens during your treatment?

### STEP 1: PREPARATION

To ensure the photosensitizing cream is properly absorbed, your skin must be prepared thoroughly at home for two weeks before treatment. We provide products and instructions for your simple daily skin care regime.

### STEP 2: APPLICATION

Scales and crusts are removed from your skin by a trained professional before the cream is applied to the treatment area. The area is occluded or covered for one hour to allow the cream to absorb and protect it from light.

### STEP 3: LIGHT

To activate the cream, you will be exposed to specialised light from the MEDISUN PDT 1200 for one hour. Protective eye wear is provided. Sun damaged skin cells die, leaving healthy tissue unharmed.

### STEP 4: REMOVAL & ONGOING CARE

The ALA cream is carefully removed from your skin by a trained professional. Your skin will be extremely sensitive to light and must be protected. A simple, daily at home skin care regime will be required for two weeks after your treatment.



## How many treatments will I require and what's included?

About 80 per cent of actinic keratoses clear with one course of PDT. Only one area of the body (20cm x 20cm) may be treated in each course or session. Some actinic keratosis sufferers will require treatment to more than one area, which is why we offer discounts for repeat bookings within a 12-month period. Areas available for treatment at KSC using the MEDISUN PDT 1200 include the hands, scalp, face, neck and décolletage.

Your PDT booking at KSC includes ALA photosensitising cream, three-hour appointment with trained professionals, active cleanser and skin repair cream needed before your treatment. Other skin care products required for post-treatment care can be purchased at KSC reception or from your local pharmacy.

1 area/course \$550

3 areas/courses \$1550

5 areas/courses \$2500

*PDT using ALA cream is not claimable under Medicare or Private Health Insurance. For more information about possible risks, side effects and contraindications, please ask a member of the KSC team for a copy of our booklet, ALA PDT Q&A and CARE INSTRUCTIONS.*



53 Barolin Street, Bundaberg South  
07 4150 3023 | [www.ksc.com.au](http://www.ksc.com.au) | 